



JOB DESCRIPTION & PERSON SPECIFICATION

JOB TITLE: Young women's Therapeutic group worker

POST TO WHICH DIRECTLY RESPONSIBLE: Operations Manager

JOB PURPOSE:

The main role of this post is to offer therapeutic group work for young women who have accessed Getaway Girls services and to young women referred to us. The worker will facilitate therapeutic group work with young women aged 16-18 and 18-25 with lived experience of mental health. The role will also offer some individual support. This support will build on the trusting, long term, relationships young women develop at Getaway Girls and offer a therapeutic space for young women.

Job Role / Responsibilities

- To offer therapeutic group work opportunities with young women.
- To undertake clinical supervision for their support work and ensure it is delivered within BACP guidelines for counseling skills users.
- To develop opportunities for Voice and influence for young women with lived experience of mental health.
- To support Getaway Girls staff in their understanding of and ability to work with young people with lived experience of mental health .
- To complete all monitoring and evaluation processes and keep clear records on Civi CRM systems
- To attend line management and monthly team meetings.
- To undertake relevant training
- To work with the CEO towards organisational and personal development.

PAY SCALE: £27,344 pro rata 16 hrs per week

Initially funded till Dec 2026. (6 months probationary period.)

- **QUALIFICATIONS:** Relevant Qualification in Counselling / therapeutic support

ORGANISATIONAL REQUIREMENTS :

Ability to work evenings and occasional weekends.
 Commitment to attend team meetings and team development days.
 To contribute to the daily smooth running of the organisation.
 To abide by the rules & regulations in the staff handbook.
 To take responsibility for Health & Safety and risk assessments.

**JOB TITLE: Young Women’s therapeutic worker
 Employee specification**

Detailed below are the types of skills, experience and knowledge that are required of applicants applying for the post. The ‘essential requirements’ indicate the minimum requirements and applicants lacking these attributes will not be considered for the post. The points detailed under ‘desirable requirements’ are additional attributes to enable the applicant to perform the position more effectively or with little or no training. They are not essential but may be used to distinguish between acceptable candidates.

| SKILLS | essential | desirable | MOA |
|---|-----------|-----------|-----|
| Is able offer young women centred support | ★ | | AI |
| Is able to lead therapeutic group work with young women. | ★ | | AI |
| Can offer a variety of approaches to support young women with lived experience of mental health | ★ | | AIT |
| Ability to organise, prioritise work and meet deadlines. | ★ | | AI |
| Ability to support staff to offer services that are inclusive of young women with lived experience of mental health | | ★ | A |

| KNOWLEDGE OF/ QUALIFICATIONS | essential | desirable | MOA |
|--|-----------|-----------|-----|
| Relevant Qualification | ★ | | AC |
| Has an understanding of the barriers faced by marginalised young women to maintaining good mental health (including young women from black and global majority communities and young mums) | ★ | | AI |
| Understanding of the ethos and values young women | ★ | | AI |

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|--|---|---|----|
| centred services | | | |
| Knowledge of national and local strategies related to mental health and mental health services in Leeds | | * | A |
| Additional training/ knowledge in specific mental health issues | * | | AC |
| Knowledge of various relevant IT packages. | | * | A |
| Knowledge and understanding of confidentiality, safeguarding, equity, diversity, inclusion and domestic violence issues. | * | | AI |

| EXPERIENCE | essential | desirable | MOA |
|---|-----------|-----------|-----|
| 3 years experience of facilitating therapeutic group work with young women- | * | | AI |
| Of working 1 to 1 with young women | * | | AI |
| Of facilitating the group work process | * | | A |
| Of working with young women with lived experience of mental and/ or diagnoses | * | | AI |
| Of offering opportunities for Voice and Influence | | * | AI |

| PERSONAL CHARACTERISTICS | essential | desirable | MOA |
|---|-----------|-----------|-----|
| Commitment to the development of positive experiences for young women. | * | | AI |
| A desire to learn from own and others experience. | * | | AI |
| Committed to Getaway Girls young women centred strengths based approach and the principles and values that underpin our work. | * | | I |
| Commitment to and appreciation of the Third sector and its contribution to mental health services. | | * | AI |
| Enthusiasm for innovative and creative approaches to mental health issues | * | | ATI |
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| <p>METHOD OF ASSESMENT A = Application form T = Test /Exercise or Presentation I = Interview C = Certificate</p> |
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